

Intra-Uterine Device (IUD) Insertion Consent Form

This form is to make sure that you are aware of the process and risks of having an IUD inserted and have had a chance to ask questions and get more information if you want or need to.

Side effects may include:

- Pain, cramping, nausea, and/or dizziness at insertion
- Cramping for a few days after insertion
- Spotting between periods, especially in first 3 months after insertion
- **Hormonal IUD:** Some people may have changes to their menstrual cycle (most often lighter and/or less frequent periods with less cramping), skin changes, or mood changes. Some people find these effects go away after 3-6 months.
- **Copper IUD:** Some people may have heavier periods and/or more cramping. Some people find these effects go away after 3-6 months, but they may continue while the IUD is in place.

Other risks may include:

- The IUD could slip out of place or be pushed out of the uterus (most likely in first 3 months)
- Possible increased risk of pelvic inflammatory disease within 3 weeks after insertion
- Rarely (~1/1000 insertions) the uterus may be perforated; even more rarely, this may require surgery to remove the IUD
- Very rarely, an IUD can't be removed through the cervix and surgery is needed to remove it
- IUDs reduce the risk of **any** pregnancy happening including ectopic pregnancies but with IUDs in place a higher proportion of the pregnancies that do happen are ectopic. Overall, the rate of ectopic pregnancies is lower with an IUD than in the general population.
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Date: _____

Please place client's chart label here.

Client signature: _____

Additions & notes:

Clinician Signature: _____

